

The Art of Healthy Living

The World Peace Way – For a Healthier Body & Earth



A lecture presentation on healthy living
by
Will Tuttle, Ph.D. with Madeleine Tuttle

- * *Are you interested in practical keys to radiant health?*
- * *Are you concerned about the high rates of disease in our society?*
- * *Do you feel called to help create a positive future for our children?*
- * *Do you aspire to skills in embodying healthy, sustainable living?*

Dr. Tuttle, author of the international best-seller, *The World Peace Diet*, as well as the companion books, *The World Peace Way* and *Food for Freedom*, provides keys to vibrant wellness during these challenging times, and teachings and practical tips. There will be time for Q & A and discussion in a supportive environment.

You will gain the tools to understand the power of food to heal us not just physically, but also culturally and psychologically, and how to more effectively bring this understanding to your friends and family.

Besides the lecture going more deeply into the teachings in *The World Peace Diet*, Dr. Tuttle and his spouse Madeleine will share practical keys to reducing our environmental footprint, and to more healthy relationships and lifestyle choices.



Saturday, March 1, 2025

Vine Vegan Restaurant

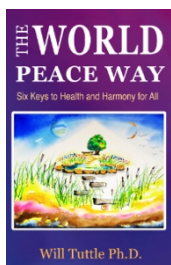
2080 Badlands Dr, Brandon, FL 33511
(813) 939-8463

3:00 pm – Social

3:30 – Lecture and Q&A with Will

4:30 – 5:00 - Book signing & wrap-up

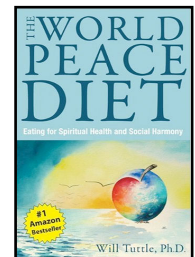
All are welcome!



“Dr. Will Tuttle is an inspirational force. The energy and expressions that I witnessed in the room around me were monumental.” ~ Jerrilyn Halbert, KPFT Radio, Houston

“I’ve never seen an audience so attentive and enraptured as when Will Tuttle speaks.” ~ Tench Phillips, president, Art Repertory Films, Norfolk, VA

*“Use **The World Peace Diet** as a guide to empower yourselves and others in making dietary choices that are powerful beyond what you can possibly imagine.”*
- **Julia Butterfly Hill**, environmental activist



Dr. Will Tuttle, visionary author of the international best-seller, *The World Peace Diet*, published in 19 languages, has lectured and performed in over 50 countries. Author of the recent best-selling books *Food for Freedom* and *The World Peace Way*, he is also a featured expert in *Cowspiracy* and many other documentary films. Recipient of the prestigious Courage of Conscience Award and the Empty Cages prize, he has taught college courses in creativity, comparative religion, and philosophy, and is a former Zen monk and Dharma Master in the Zen tradition. Author of *Your Inner Islands* and editor of *Circles of Compassion* and *Buddhism and Veganism*, he’s created 10 much-loved CD albums of original piano music. His inspiring presentations often include his music and evocative animal paintings by his spouse, Madeleine, a visionary artist from Switzerland who is also a flautist, Waldorf teacher, organic gardener, vegan chef, and artisan. See www.worldpeacediet.com for more details.